



2018/2019 Player Agreement

Communication is one of the cornerstones of our program. Successful communication between student and coach off the field will result in success on the field. Our student-athletes need to communicate with our coaching staff every instance where they might miss practice for doctors appointments, physical therapy, illness, class conflicts, etc.

As a player of the Aptos High School Girls Soccer Program, I pledge the following:

1. I will personally notify the Head Coach in advance if I will be missing practice. If possible, please try to schedule doctor and dentist appointments, etc., at times that will not conflict with practice and games.
2. If I am a non-practicing player due to injury, I will attend practice, unless I have an important physical therapy/doctor appointment, etc. Ill and contagious players are not expected to attend practice, but please **CALL** the Head Coach to discuss your illness.
3. I understand that if I am considering taking a class outside of AHS, I need to schedule it around soccer, and I understand that missing practices/games for an outside class may result in reduced playing time.
4. I am aware that when I miss practice I am missing an opportunity to work towards a starting position or gain additional playing time.
5. I understand that if I miss practices or games for an unexcused absence, such as family vacations there will be consequences such as loss of starting position for next game or reduced playing time.
6. I am expected to be on time to practice and be ready to start practice with all of my soccer gear (including shin guards) on before the designated start time.
7. I understand that no one is guaranteed playing time and that everyone has to work hard and fight for her position at every game and practice.
8. I understand at the High School level that my coach will not make substitutions simply to provide equal playing time and I will support her/his decisions.

9. I will respect my teammates, captains and coaching staff and will trust my coaching staff and their decisions.
10. I am an independent, self-reliant, and self-confident young adult and will therefore, communicate directly with the Head Coach about any issues or concerns.
11. I will not do anything that will bring discredit to my family, my school, my teammates, or myself.
12. I will respect the opposing team's players, coaching staff, and parents/fans and refrain from any unsportsmanlike behavior.
13. I will respect the game officials at all times including any potentially controversial decisions. I will not have any unprofessional confrontations with game officials and will rely on my captains and coaches to handle referee issues.
14. I understand that in order to be academically eligible to play I must:
 - 1) Be passing in at least 25 units per semester or 12.5 units per quarter.
 - 2) Be achieving GPA of at least 2.0.
 - 3) Be passing at least 5 classes
15. I will strive for academic excellence not just to be eligible but to realize the importance of my education.
16. I understand that it is my responsibility to return every piece of each of my uniforms by the designated date. If I do not do so, I will pay the full uniform cost plus possible additional fees.
17. I will help support the Aptos High School Girls Soccer Program by helping with fundraising and other program functions.
18. I will volunteer to coach in my local community with youth teams and will help mentor the Aptos soccer players.

I agree to abide by the guidelines listed above:

Player's Printed Name

Signature

Date